



LONG ISLAND SPORTS CENTER

22 Lumber Road, Roslyn New York, 11576

RULES & REGULATIONS/MEMBERSHIP & GUEST POLICIES

RULES & REGULATIONS

All Long Island Sports Center ("LISC") members, guests, court rental players, and coaches (hereinafter referred to as "participants") must review all our rules and regulations before using LISC. These rules & regulations are designed to allow all participants to enjoy the new facility in a way that will be safe and productive. LISC reserves the right to vary and revoke these Rules & Regulations from time to time in addition to make, vary and revoke any by-laws which may consider necessary or desirable for the regulation of the internal affairs of the Center and the conduct of the participants. Any such changes will be notified to the participants immediately.

GENERAL RULES

1. All LISC members, guests, and court rental players must check-in/scan membership card/pay at the LISC reception counter prior to participating in any sports activities at LISC. Please have your membership ID card ready to show when checking in.
2. All participants are required to sign the LISC liability release form prior to participating in any sports activities.
3. Paying the guest 'Walk-in' fee enables the guest to enter and use the LISC facility as a guest until he/she leaves the facility. There is absolutely NO free "re-entry".
4. LISC Management reserves the right to limit the number of 'walk-in' guests and court rental players to use the facility at any time.
5. **Badminton shoes ONLY** (non-marking, non-running shoes, gum rubber soles) are allowed on the badminton courts to prevent damage to the badminton PVC court mats and for the safety and enjoyment of all badminton members. No outside worn shoes or sneakers, bare feet, flip flops, hiking shoes, high heels are allowed on the badminton court mats at all times. Badminton shoes are available for rental or purchase at our pro-shop.
6. **LISC members and guests are not allowed to use any of the treadmills or stationary bike equipments inside the LISC facility without written permission from the LISC management at an additional charge or part of a plan that includes use of treadmills/stationary bike equipment. LISC membership benefits do not include the use of any of the treadmills or stationary bike equipment. Only Diamond VIP memberships have access to these benefits.**
7. Advance bookings may be made available for certain badminton courts and facilities at the Center. All bookings must be confirmed 24 hours prior to arrival. The bookings can be made either by calling, emailing, or in person. All fees, where applicable, must be paid before use of the relevant courts or facilities. No-show fees, as informed by the Center, will be charged where cancellation is not received by the Center at least 24 hours prior to the booked time, where the facility cannot be booked to other participants.
8. All coaching is controlled by LISC and should be arranged with its knowledge and consent. Coaching is undertaken by qualified coaches appointed by the LISC and no other coaching is permitted unless advanced written permission is gained from the LISC management.
9. LISC reserves the right at any time without prior notice to set aside facilities for tournaments, exhibitions, and other social gatherings.
10. LISC cannot be held responsible for any service or equipment not being available for whatever reason. LISC reserves the right to make modifications to the type of facilities provided, without notice and in its absolute discretion.
11. No food or drink other than water and sports drinks in closed plastic containers, are permitted on the badminton courts. Members and guests are responsible for any damage to the badminton courts for any damage to the mats if they violate this policy.
12. All LISC pro shop merchandises and services are non refundable/non exchangeable.
13. LISC does not allow smoking, illegal drugs, animals, or weapons in the facility or near the LISC premises. Anyone who violates this policy will be required to leave the LISC premises immediately without refund and may be banned from entering the LISC premises in the future.
14. Children under the age of 12 must be under adult supervision at all times.
15. LISC is not responsible for any lost or stolen items.
16. Participants should not use any piece of the gym equipment without prior knowledge or instruction. Participants should ask LISC staff on how to use new or unfamiliar equipment.
17. Participants agree to conduct themselves in a quiet and well-mannered fashion when in the Center and not engage in loud, disturbing language. Harassment and offensive behavior is NOT allowed.
18. Participants shall not conduct, purchase or subscribe to any commercial business or activity on Center premises or solicit other participants without the Center's prior written consent. Under no circumstances shall participants interfere with the Center's conduct of its business.



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19. Participants are requested to wear proper and appropriate sport exercise clothing while at the LISC facility. LISC management reserves the right to deny any person access to the Center whose attire is considered by the LISC staff to be inappropriate in connection with the public image of the Center's attire.

WAIVER AND RELEASE

Participants agree that by engaging in any physical exercise, class, or activity, or by using any Center equipment or facility on the premises, the participants do so at their own risk. This includes, without limitation, the use of the equipment, locker room, showers, parking area, or sidewalk, and their participation in any activity, class, program, or instruction now or in the future. Participants agree that they are voluntarily taking part in these activities and use of the facility and assume all risk of injury, or the contraction of any illness or medical condition that might result thereof of any damage, loss or theft of any personal property. Participants agree to release and discharge LISC, all affiliates, employees, agents, representatives, successors, and assigns from any and all claims or causes of action (known or unknown) arising out of LISC's negligence. **PARTICIPANTS ACKNOWLEDGE THAT THEY HAVE CAREFULLY READ THIS WAIVER AND RELEASE AND FULLY UNDERSTAND THAT IT IS A RELEASE OF ALL LIABILITY. IN ADDITION, THEY HEREBY WAIVE ANY RIGHT THAT THEY MAY HAVE, BY OR ON BEHALF OF THEIR SPOUSE OR ANY CHILD (MINOR OR OTHERWISE), TO BRING A LEGAL ACTION OR ASSERT A CLAIM FOR INJURY OR LOSS OF ANY KIND AGAINST US FOR OUR NEGLIGENCE OR ARISING OUT OF OR RELATING TO PARTICIPATION BY THE PARTICIPANTS, THEIR SPOUSE OR CHILD IN ANY OF THE ACTIVITIES, OR USE OF THE EQUIPMENT, FACILITIES OR SERVICES WE PROVIDE AS DESCRIBED IN THIS PARAGRAPH, OR ON ACCOUNT OF ANY ILLNESS OR ACCIDENT, OR DAMAGE TO OR LOSS OF THEIR PERSONAL PROPERTY.**

GENERAL MEMBERSHIP & GUEST POLICIES

1. By providing an email address to the Center, the member consents to receiving email communications from the Center, including notices pursuant to these rules and regulations. The member also accepts the risk that the email may not be secure and confidential means of communication. The Center will not be liable for any loss or damage suffered as a result of communicating with a member by email.
2. All membership fees are to be paid in full up front.
3. Membership ID cards are NOT refundable after purchase, if lost/stolen. In the event that a membership card is lost/stolen, there is an additional fee of \$20 for a replacement membership ID card.

MEMBERSHIP CANCELLATION

1. Subject to the provisions of the Membership Agreement, a member may cancel his/her membership at any time by written request to the Center, giving one (1) month's advance notice of the desired cancellation date. All membership cards must be returned to the Center by such Date. There will be a \$150 penalty charge on early termination of a yearly contract.
2. The Center reserves the right to expel from the Center, suspend for a period or refuse to renew the membership of any member whose conduct is or may, in the Center's reasonable opinion, be detrimental to the character of the Center or amounts to a breach of the membership & guest policies or where such expulsion is otherwise in the interest of the other members of the Center membership and shall not be entitled to any repayment for any period during which his/her membership is suspended.

I have read this Rules & Regulations/Membership & Guest Policies, fully understand the terms and accept that failure to abide by the Rules & Regulations/Membership & Guest Policies of Long Island Sports Center may result in the loss of membership without refund.

Participants Signature

Participants Name (Printed)

Date